

Travel Information

The Kinesys office is located at:
Unit 2, Kempton Gate Business Centre
Oldfield Road
HAMPTON
Middlesex
TW12 2AF

Car

If you are travelling by car, the office is located 15 minutes from Junction 1 of the M3, just off the A308.

Train

Hampton train station is a 10 minute walk from the office, on the Shepperton branch line in Zone 6. All trains are operated by South West Trains.

Trains run regularly to Kingston, Clapham Junction, Vauxhall and Waterloo.

Hampton – Waterloo takes around 40 minutes.

[Walking directions from Hampton Station](#)

Hotels

There are 3 local hotels, both around a 10-15 minute drive from the office.

[Travelodge Sunbury M3](#) – This is very close to the M3 so some traffic noise may be heard

[Holiday Inn Shepperton](#)

[The White Hart Hotel, Kingston](#)

Hampton is primarily a residential area, with limited evening activities. For those wanting entertainment/leisure activities in the evening, our recommendation would be to stay in The White Hart Hotel or a hotel near Waterloo or Vauxhall and get the train to Hampton.

Local Taxi Information

Headway – 02089 79 88 66

Executive Taxis – 01932 770 007 (7 seaters available)

Addison Lee – 0844 800 66 77

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